



The Orchard Primary School

Nurture Learn Grow

The Orchard Primary School

Orchard Road, Hounslow TW4 5JW

Telephone: 0208 570 6247

Email: office@tops.hounslow.sch.uk

www.tops.hounslow.sch.uk

Headteacher: Mrs Christine Haslam

11th January 2022

Advice to All Parents - Single case

Dear Parents,

We have been notified that there has been a confirmed case of COVID-19 within the school.

We know that you may find this concerning but we are continuing to monitor the situation and are working closely with Public Health England. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

What to do if your child develops symptoms of COVID 19

Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

If your child develops symptoms of COVID-19, they must not come to school and should remain at home for **10 days** from the date when their symptoms appeared. Individuals may now take lateral flow tests on the 6th and 7th day of their isolation period. If both results are negative and your child does not have a high temperature, he or she may end their self-isolation after the second negative test and return to school.

If you do not have symptoms of COVID-19 and live in the same household as someone with COVID-19, you are legally required to self-isolate unless you meet any of the following conditions:

- you are fully vaccinated
- you are aged under 18 years
- you have taken part in or are currently part of an approved COVID-19 vaccine trial
- you are not able to get vaccinated for medical reasons



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If you meet any of the above criteria you can continue to go to work, school or public areas and can continue to exercise- you must take daily lateral flow tests for 7 days.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>

Daily testing by close contacts will help to slow the spread of Covid-19 and will greatly reduce the overall amount of infection the household could pass on to others in the community.

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

Symptoms

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.



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How to stop COVID-19 spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

Do

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Christine Haslam
Headteacher