



**The Orchard Primary School**  
*Nurture Learn Grow*

**The Orchard Primary School**

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Headteacher: Mrs Christine Haslam



Dear Parent/Carer

**RE: NSPCC's *Speak out. Stay safe.* online programme**

As you may be aware, this term we participated in the **NSPCC's *Speak out. Stay safe.*** online programme. This consisted of an online assembly and supporting classroom-based activities. *Speak out. Stay safe.* is a safeguarding programme available to all primary schools in the UK and Channel Islands. It aims to help children understand abuse in all its forms and to recognise the signs of abuse in a child friendly, interactive way. Children are taught to speak out if they are worried, either to a trusted adult or Childline.

To complement the assembly, there are some resources that can be used to enable further discussion whilst doing activities with your children. These are hosted on the NSPCC website [www.nspcc.org.uk/activities](http://www.nspcc.org.uk/activities).

**Childline Under 12's Website**

Childline also have a website with age appropriate advice for primary school children on topics such as bullying. It also has games and other interactive tools. Your child can visit it at [www.childline.org.uk/kids](http://www.childline.org.uk/kids).

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [www.nspcc.org.uk/parents](http://www.nspcc.org.uk/parents).

**Talking PANTS with your children**

Talk PANTS is a simple conversation to help keep your child safe from sexual abuse. From P through to S, each letter of PANTS provides a simple but valuable rule that can help keep your child safe. You can find out more and download the free resources at [www.nspcc.org.uk/pants](http://www.nspcc.org.uk/pants). Penguin and Ladybird have partnered with the NSPCC to create a brand new Pantosaurus book aimed at children ages 4 - 8. **You can find copies of the new book on sale, either in Matalan's selected stores and online, selected SPAR stores or at <https://shop.nspcc.org.uk/>.** All profits from the sale of this book will support the NSPCC.

**Support the NSPCC**

The NSPCC's Walk for Children event in December is another exciting way to get involved and helps make sure we are always there for children <https://www.nspcc.org.uk/support-us/events-fundraising/runs-cycles-challenges-walks-treks/charity-challenges/walk-for-children/>.

You may also be interested in the NSPCC's new selection of BUDDY goodies available from the NSPCC shop at <https://shop.nspcc.org.uk/collections/buddy> which make perfect gifts for children - and all profits go to help keep children safe.

Yours sincerely,

Mrs F Brown  
PSHE Lead