



MONDAY

HOT SPECIALS...

Cheese and Tomato Pizza with Dough Balls
Cheesy tomato topped pizza slice

.....
Vegetable Biryani
A mildly spiced Indian rice dish

Trinidad Chicken Rice
A mildly spiced Caribbean chicken rice

.....
Allegra's Cheesy Peasy Risotto Bake
A delicious baked cheesy, pea rissoto

Roast Chicken with Roast Potatoes & Gravy
Succulent roast chicken with fluffy roasties and tasty gravy

.....
Pastry Slice with Roast Potatoes and Gravy
A chunky butternut squash and potato pastry slice

Lamb Keema Curry with a Rice Side
Delicious minced lamb curry

.....
Veggie Lasagne served with a Bread Wedge
Delicious sheets of pasta layered with veggies and tomato sauce

Southern Fried Chicken Tasters with Chips
Lightly seasoned crispy chicken strips and scrummy chips

.....
Soft Taco and Chips
A soft taco shell filled with a yummy veggie tomato chilli

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DAILY FAVES...

Jacket Potato with a Choice of Fillings or Cheese Sandwich
.....
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Tuna & Sweetcorn Baguette
.....
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Egg Mayo Wrap
.....
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Chicken, Lettuce & Tomato Sandwich
.....
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Laughing Cow Cheese & Cucumber Sandwich
.....
Tomato Pasta
Fresh, homemade tomato and basil sauce with penne pasta

WEEK 3 W/C: 13/09 04/10 15/10
06/12 17/01 07/02

SIDES...

Peas and Carrots

Sweetcorn and Broccoli

Carrots and Cabbage

Green Beans and Sweetcorn

Baked Beans and Peas

PICK A PUD!

Oatie Biscuit with Fresh Fruit Slices

Banana Cake

Strawberry Ice Cream

Crunchy Chocolate Biscuit

Orange Drizzle Cake



YOUR FAVOURITES available every day

OUR NEW MENU! chosen by our parents and children



THREE WEEK MENU

AUTUMN/WINTER 21



MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY

HOT SPECIALS...

Jerk Veggie Burrito  

A soft wrap filled with Jerk spiced veggies and rice

Macaroni Cheese 

Traditional Mac N Cheese, delicious macaroni in a creamy cheese sauce

Allegra's Chicken Filo Pie with Mashed Potato


A delicious light filo pastry topped chicken pie

Allegra's Fruity Cous Cous with Mint Yoghurt & Flatbread Crisps 

Delicious fruity cous cous with a cooling mint yoghurt dip and flatbread crisps

Roast Chicken with Roast Potatoes & Gravy


Succulent roast chicken with fluffy roasties and tasty gravy

Meat-free Roast with Roast Potatoes and Gravy 

Delicious Quorn roast with fluffy roasties and tasty gravy

Lamb Bolognese  

A classic Italian lamb bolognese in a yummy tomato sauce

Butternut Squash and Tomato Bake with Rice 

A delicious butternut squash and tomato bake served with rice

Golden Fish Fingers and Chips

Crispy fish fingers with scrummy chips


Meat-free Nuggets and Chips 

Crispy Quorn nuggets with their fave sauce - ketchup

DAILY FAVES...

Jacket Potato with a Choice of Fillings or Cheese Sandwich 

.....

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings including Salmon Mayo

.....

or Tuna & Sweetcorn Baguette

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Egg Mayo Wrap

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Chicken, Lettuce & Tomato Sandwich

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Laughing Cow Cheese & Cucumber Wrap 

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

WEEK 1

W/C: 30/08 20/09 11/10
01/11 22/11 13/12
03/01 24/01

SIDES...

Green Beans and Sweetcorn

Peas and Broccoli

Carrots and Cabbage

Broccoli and Sweetcorn



Baked Beans and Peas

PICK A PUD!

Raspberry Ripple Ice Cream

Brownie

Orange Shortbread with Fresh Fruit Slices 

Pineapple & Peach Crumble with Custard  

Lemon Drizzle Cake

MONDAY

TUESDAY

WEDNESDAY


THURSDAY

FRIDAY

HOT SPECIALS...

Veggie Bolognese   



Yummy veggie Bolognese with pasta

Cheese and Tomato Pizza with Dough Balls  

Cheesy tomato topped pizza slice

Allegra's Chicken Katsu with a Rice Side 


Yummy crispy Chicken Katsu with rice

Allegra's Oodles of Noodles  

Delicious noodles with tofu and veggies

Roast Turkey with Roast Potatoes & Gravy



Roast turkey with fluffy roasties and tasty gravy

Creamy Vegetable Pie with Roast Potatoes and Gravy 

Creamy vegetable pie with a cheesy shortcrust topper

Shepherd's Pie 

Home cooked minced lamb, carrot and onion with a crispy potato topping

Veggie Balls in Tomato Sauce with Pasta  

Delicious veggie balls in a tasty tomato sauce with pasta

Jerk Chicken with Chips

Succulent chicken with Jerk sauce


Matar Paneer with Chapati  

A veggie Indian dish with peas and paneer cheese


DAILY FAVES...


Jacket Potato with a Choice of Fillings or Egg Mayo Baguette

.....

Tomato Pasta 


Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Cheese Wrap 

Tomato Pasta 


Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Laughing Cow Cheese & Cucumber Sandwich 

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Chicken & Sweetcorn Baguette

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

Jacket Potato with a Choice of Fillings or Tuna Mayo Sandwich

Tomato Pasta 

Fresh, homemade tomato and basil sauce with penne pasta

WEEK 2

W/C: 06/09 27/09 18/10
08/11 29/11 10/01
31/01

SIDES...

Carrot Sticks and Cucumber Sticks

Broccoli and Peas

Cabbage and Carrots

Green Beans and Sweetcorn


Peas and Baked Beans

PICK A PUD!






Berry Flapjack with Fresh Fruit Slices 

Fruity Chocolate Brownie

Banana and Carrot Slice

Pineapple Upside Down Cake with Custard 

Vanilla Ice Cream

-  Vegetarian
-  Oily fish
-  Wholegrain
-  Fruity!
-  Nutritionist's Choice

Water, salad, bread and fruit

Available every day!

