



There for parents when they need us most

Being a parent is never easy. Without support, families can feel alone or isolated. Home-Start is a local charity which can offer compassionate and confidential support to families with children under 5 in the Boroughs of Richmond, Kingston and Hounslow.

We are currently offering:

- Regular telephone support through our co-ordinators and volunteers whilst our home-visiting service is on hold.
- Someone to talk to and emotional support during these uncertain and isolating times.
- Support for challenges like financial worries, relationship issues or living in poor housing.
- Guidance on parenting in the early years.
- Ideas and activities to keep children active at home.



“It has been so helpful to be able to talk to you and share my concerns. This is a really valuable service.”

CONTACT US TODAY

020 8487 8500

homestart-rkh.org.uk



**HOME
START**

**Richmond, Kingston
& Hounslow**

Charity No: 1108975