

# ARE YOU WORRIED ABOUT SOMETHING?

Often when one person in a family has a problem, it can affect other people in the family

"My child is always angry and refuses to attend school"

"My partner and I are always arguing"

"I am worried about a family member's alcohol or drug misuse"

"I am worried that my child has to care for me"

"My child is finding it difficult to cope with a death in the family"

"A family member has depression or other mental health issues"

"I am struggling to cope with the bills"

"My baby has developmental delays"

"My child / teenager is being bullied"

"I want to support my family to have a healthier lifestyle"

"My teenager is out of control and getting into all sorts of trouble"

## EARLY HELP IS DELIVERED HERE

The Hounslow Early Help Offer is a collection of services which aim to provide effective support to families as soon as difficulties start, to prevent them from getting worse.

These services cover a range of areas: from parenting, to health, to learning, to support for teenagers. Services are free and voluntary to receive.

**If you would like to explore the extra support available for families, please speak to**

or go online at [www.hounslow.gov.uk/earlyhelpoffer](http://www.hounslow.gov.uk/earlyhelpoffer)



London Borough  
of Hounslow



**EARLY**Help  
Support when you need it