

Autism Spectrum Disorder **Monthly Parent Support Group**

Venue: Hounslow CAMHS
Heart of Hounslow Centre for Health
92 Bath Road, Hounslow, TW3 3EL

2nd Wednesday of the Month
Time: 10 am - 12 noon

Each session will aim to cover information on a specific topic as well as provide an opportunity for general discussion/sharing of experiences.

Spring - Summer 2014 dates and topics:

January 8 th	Keeping your children safe and how the Police work with young people with disabilities Jack Lambert, Police Constable, (Hounslow Safer Neighbourhoods Team)
February 12 th	TBC: Managing sensory difficulties Bridget Bagshawe / Claire Jackson (Occupational Therapist / Specialist Teacher)
March 12 th	Anxiety and ASD Jess Gough (Clinical Psychologist, Hounslow)
April 9 th	Easter Holidays – no group
May 14 th	Eating Difficulties Clare Shakespeare (Clinical Psychologist, Hounslow)
June 11 th	TBC: How can psychological therapies be adapted for people with Autism? (Joshua Muggleton, young person with ASD)
July 9 th	Open Group – planning future topics

Parent volunteers: Elizabeth Jones, Sally Billinness
Parent volunteers chair the meetings and Sally organises the parent support group email list.
Details will be available at the meetings.

Multi agency Initiative
- Child & Adolescent Mental Health Service,
Penny Davis, Volunteer, Jess Gough, Clinical Psychologist, Jo Newbolt, Clinical Psychologist,
Claire Jackson, Specialist Teacher
- Teaching Support Service
- Speech & Language Therapy
- Educational Psychology, Diana Loffler

For any enquiries contact Jess Gough or Jo Newbolt on 0208 630 3237